
From: Kratochvil, Bob
Date: Friday, March 19, 2021 7:10 PM
Subject: Affirming support for the API community

LMC Students and Colleagues,

Los Medanos College supports and stands with the Asian Pacific Islander (API) community. We condemn all violence, harassment, and discrimination against the API community, and denounce the rise in anti-Asian attacks that has occurred since the beginning of the COVID-19 pandemic. Although crimes may be carried out against individuals, the impact is felt by our community at large. These and other such heinous incidents – which are motivated by racism, hate, and xenophobia – have no place in our society.

A number of support activities and resources are currently being developed by our Counseling team, Office of Student Life, and Office of Equity & Inclusion, and more details will be forthcoming from each of those units. In the meantime, employees and students can take advantage of professional services already available through the Contra Costa Community College District to address stress, anxiety, sadness, traumatic events, and much more:

- [Employee Assistance Program \(EAP\)](#) support services are available 24/7
 - By phone, at 1-800-227-1060 (TTY users call 711)
 - Online at <https://members.mhn.com>
 - Register with company code: ccccd
- [Student Assistance Program \(SAP\)](#) support services are available 24/7
 - By phone, at 1-800-227-1060 (TTY users call 711)
 - Online at <https://members.mhn.com>
 - Register with company code: cccdstudent

LMC is committed to supporting our API students and colleagues, providing a safe environment for our entire College community, and strengthening a culture of equity, diversity, inclusion, and racial justice.

Please take care of yourselves and one another.

Bob

**LOS MEDANOS
COLLEGE**

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bcc: LMC All Employees